LASER PROCEDURE PREPARATION GUIDE

The following will guide you through each step prior to, during, and after the procedure.

BEFORE YOUR PROCEDURE

- Your procedure appointment is scheduled for ________________ at _____________. Please arrive at the Maloney Vision Institute at this time unless you are otherwise instructed.

- If you must reschedule or cancel your scheduled procedure, please notify us at least 48 hours in advance.

- Arrange to have someone drive you home. You cannot drive yourself.

- If you wear contact lenses, do not wear them in the eye(s) to be treated for 24 hours prior to your procedure.

- Please remove all eye and facial makeup before you come in for your procedure. Do not wear fragrances, perfumes, colognes, scented lotions or gels on the day of your procedure.

- Eat a very light meal at the mealtime prior to your procedure.

- Wear warm, comfortable clothing. The procedure room is kept cool.

ON THE DAY OF YOUR PROCEDURE

- Plan to pay when you come in unless you have made prior arrangements. The cost of the procedure will be ______________ per eye. You can pay for the procedure by cash, personal check, VISA, Master Card, Discover Card, American Express, or a pre-approved payment plan. Payment plans must be applied for and approved at least 3 days prior to your procedure date.

- The procedure will take about 5 minutes per eye.
Your expected time of stay at Maloney Vision Institute is about 2 hours.

You will be offered a sedative to help you relax.

You will be given a kit that contains your aftercare eye drops. If you are having LASIK you will also be given a pair of protective goggles.

One of our technicians will prepare you for the procedure by administering antibiotic drops and cleaning the area around your eyes.

THE PROCEDURE

We will escort you into the surgical suite, position you under the laser, and your surgeon will perform the procedure.

Numbing drops will be administered to ensure that your procedure is pain-free.

AFTERCARE

Following the laser treatment you will relax with your eyes closed for approximately 20 minutes.

We will examine your eye(s) prior to sending you home.

Do not swim or get into a hot tub/Jacuzzi/steam bath/sauna for 1 week after your procedure. You may shower or bathe freely.

You may not wear eye makeup for 24 hours following your procedure. After 24 hours, if you wish to wear mascara or eyeliner, open fresh makeup; old mascara and eyeliner accumulate germs. You may resume wearing the makeup you already have after 1 week.

Plan on having a follow-up appointment the day after your procedure.

If you have any problems, we can be reached 24 hours a day by calling (310) 208-3937.

LASIK PATIENTS ONLY:

Do not rub the treated eye(s) until the next day.
After examining you, we will place protective goggles over your eyes before we send you home. Keep your eyes closed as much as possible for the first 4 hours after the procedure, although you can open them to walk to the car or go to the bathroom. You can nap for the 4 hours if you prefer.

After 4 hours you can remove the goggles and open your eyes. Replace the goggles at bedtime and wear the night of your surgery.

Your vision will be foggy for at least 4-6 hours after the procedure.

You may have a bandage contact lens on the eye(s) for comfort, which will be removed during your 1-day aftercare visit.

Most patients are able to go to work the next day.

**PRK Patients Only:**

Do not rub the treated eye(s) for 1 week after your procedure.

A bandage contact lens will be placed on your eye to help healing. It will remain on the treated eye for 5 or 6 days.

Plan on having a follow-up appointment the day after your procedure. Also plan on being seen 4-6 days after your procedure.

Plan on taking at least several days off from work. Your vision will be very blurry.