Your eyes may be uncomfortable. You may experience irritation, dryness, watering and scratchiness, and light sensitivity for about 1 week following your procedure. These symptoms may persist for up to 1 month.

Your eyelids may be swollen following the procedure. The eyelids will gradually return to their normal appearance.

You may see a red area on the white part of the eye after surgery. This will gradually clear and your eye will regain its normal appearance.

Daily fluctuations in vision are normal. Your vision may be blurry for 2 to 3 weeks after the procedure.

A bandage contact lens was placed on your eye to help reduce any discomfort. It will be removed at your aftercare visit tomorrow. Do not remove the lens yourself. If it falls out, do not replace it.

Do not drink any alcohol the day of your procedure.

Do not swim or get into a hot tub/Jacuzzi/steam bath/sauna for 1 week after your procedure. You may shower or bathe freely.

You may not wear eye make-up for 24 hours following your procedure. After 24 hours, if you wish to wear mascara or eyeliner, open fresh make-up; old mascara and eyeliner accumulate germs. You may resume wearing the make-up you already have after 1 week.
Medications:

- Please wait 3 minutes between using different eye drops. It does not matter which eye drop you use first.

- Begin the eye drops when you get home.

- **Ofloxacin:** Antibiotic eye drop which helps prevent infection. Apply 1 drop to the operated eye 4 times per day (breakfast, lunch, dinner, and bedtime) for 6 days, including the day of your procedure. You may stop the drops if they run out.

- **Fluorometholone:** Anti-inflammatory eye drop which helps the eye heal. **SHAKE WELL** before each use. Apply 1 drop to the operated eye 4 times per day (breakfast, lunch, dinner, and bedtime) for 6 days, including the day of your procedure. You may stop the drops if they run out. Many patients notice an unpleasant taste in the back of their throats after using this drop. This is normal and does not last.

- **Artificial Tears:** Lubricant which helps with discomfort. You may use these drops or other eye lubricant to lubricate the eyes for dryness, burning, or irritation as needed, even during the first 4 hours after surgery. Lubricants with preservatives should not be used more than 4 times a day as the preservative may irritate the eye. Lubricants may crystallize on eyelashes overnight, and can be removed by gently wiping with a clean, warm, moistened washcloth to your **closed** eyes.

- **Ambien:** Sleeping medication. You may take the Ambien pill we gave you when you get home. You will sleep for several hours. **CAUTION:** There have been reports of sleep driving in people taking Ambien.

- **Tylenol, Advil, Nuprin (or your preferred pain reliever):** As needed for discomfort. Do not take more than 1 pain reliever at a time.

- Your 1 day aftercare visit at: ___________________ is scheduled for: ______________.

- If you have any problems, we can be reached 24 hours a day by calling (310) 208-3937.