

LIMBAL RELAXING INCISION PREPARATION GUIDE

The following will guide you through each step prior to, during, and after the procedure.

BEFORE YOUR PROCEDURE

- Your procedure appointment is scheduled for _____ at _____. Please arrive at the Maloney Vision Institute at this time. You need to arrive at your scheduled appointment time and not earlier, unless you are otherwise instructed to do so.
- If you must reschedule or cancel your scheduled procedure, please notify us at least 48 hours in advance.
- If you wear contact lenses, do not wear them in the eye(s) to be treated for 24 hours prior to your procedure.
- Please remove all eye and facial make-up before you come in for your procedure. Do not wear fragrances, perfumes, colognes, scented lotions or gels on the day of your procedure.
- Eat a light meal at the mealtime prior to your procedure.
- Wear warm, comfortable clothing. The procedure room is kept cool.

ON THE DAY OF YOUR PROCEDURE

- The procedure will take about 5 minutes per eye.
- Your expected time of stay at Maloney Vision Institute is 1 ½ to 2 hours.
- You will be offered a sedative to help you relax. If you take the sedative you cannot drive, and you will need someone to drive you home.

- ❑ You will be given a kit that contains your aftercare eye drops.
- ❑ One of our technicians will prepare you for the procedure by administering antibiotic drops and cleaning the area around your eyes.

THE PROCEDURE

- ❑ We will escort you into the surgical suite, position you under the microscope, and your surgeon will perform the procedure.
- ❑ Numbing drops will be administered to insure that your procedure is pain-free.

AFTERCARE

- ❑ You may go home immediately after the procedure.
- ❑ You will have a bandage contact lens on the eye(s) for comfort. It will be removed during your 1-day aftercare visit.
- ❑ Do not swim or get into a hot tub/Jacuzzi/steam bath/sauna for 1 week after your procedure. You may shower or bathe freely.
- ❑ You may not wear eye make-up for 24 hours following your procedure. After 24 hours, if you wish to wear mascara or eyeliner, open fresh make-up; old mascara and eyeliner accumulate germs. You may resume wearing the make-up you already have after 1 week.
- ❑ If you have any problems, we can be reached 24 hours a day by calling **(310) 208-3937**.