PINGUECULA AND/OR PTERYGIUM REMOVAL
PREPARATION GUIDE

The following will guide you through each step prior to, during, and after your procedure.

BEFORE YOUR PROCEDURE

- Your procedure appointment is scheduled for _______________ at _______________.
  Please arrive at the Maloney Vision Institute at this time. Arrive at your scheduled appointment
time (not earlier), unless you are otherwise instructed to do so.

- If you must reschedule or cancel your scheduled procedure, please notify us at least 48
  hours in advance.

- Arrange to have someone drive you home. You cannot drive yourself.

- If you wear contact lenses, do not wear them in the eye(s) to be treated for 24 hours prior to
  your procedure.

- Please remove all eye and facial make-up before you come in for your procedure. Do not wear
  fragrances, perfumes, colognes, scented lotions or gels on the day of your procedure.

- Eat a very light meal at the mealtime prior to your procedure.

- Wear warm, comfortable clothing. The procedure room is kept cool.

ON THE DAY OF YOUR PROCEDURE

- Plan to pay when you come in, unless you have made prior arrangements. The cost of the
  procedure will be _______________ per eye. You can pay for the procedure by cash, personal
  check, VISA, Master Card, Discover Card, American Express, or a pre-approved payment plan.
  Payment plans must be applied for and approved at least 3 days prior to your procedure date.

- Your expected time of stay at Maloney Vision Institute is about 1 ½ to 2 hours.

- You will be offered a sedative to help you relax.

- You will be given a kit that contains your aftercare eye drops and protective sunglasses.

- One of our technicians will prepare you for the procedure by administering antibiotic drops and
  cleaning the area around your eyes.
THE PROCEDURE

- We will escort you into the surgical suite, position you under the laser, and your surgeon will perform the procedure.

- Your eye will be numbed to insure that your procedure is pain free.

AFTERCARE

- You may have a bandage contact lens on the eye(s) for comfort that will be removed during your 1-day aftercare visit.

- Do not rub the treated eye(s) for 1 week after your procedure.

- Do not swim or get into a hot tub/Jacuzzi/steam bath/sauna for 2 weeks after your procedure. You may shower or bathe freely.

- You may not wear eye make-up for 24 hours following your procedure. After 24 hours, if you wish to wear mascara or eyeliner, open fresh make-up; old mascara and eyeliner accumulate germs. You may resume wearing the make-up you already have after 1 week.

- You will be seen at the Maloney Vision Institute for your 1 day aftercare visit.

- Most patients are able to go to work the next day.

- If you have any problems, we can be reached 24 hours a day by calling (310) 208-3937.